

Positive Action Quite Short Student Survey (Secondary). Your answers are confidential.

School name: _____ Classroom number: _____ ID#: _____

For the following questions, please **use a black or blue pen** to fill in the bubble of your answer.

	Never	Rarely	Some times	Often	All the time
A. How often do you do the following.... ?					
1. Feel good about yourself.	①	②	③	④	⑤
2. Eat fresh fruits and vegetables.	①	②	③	④	⑤
3. Drink alcohol (even a sip).	⑤	④	③	②	①
4. Make good choices.	①	②	③	④	⑤
5. Hit others or get into physical fights.	⑤	④	③	②	①
6. Manage your time wisely (not waste it).	①	②	③	④	⑤
7. Use or try illegal drugs.	⑤	④	③	②	①
8. Care about how others feel.	①	②	③	④	⑤
9. Admit to your mistakes.	①	②	③	④	⑤
10. Get drunk or high.	⑤	④	③	②	①
11. Set goals for your self.	①	②	③	④	⑤
12. Control your feelings.	①	②	③	④	⑤
13. Do physical activities.	①	②	③	④	⑤
14. Take/steal other people's property.	⑤	④	③	②	①
15. Make bad decisions.	⑤	④	③	②	①
16. Smoke cigarettes (even a puff).	⑤	④	③	②	①
17. Bully others.	⑤	④	③	②	①
18. Treat others the way you like to be treated.	①	②	③	④	⑤
19. Blame others for your mistakes.	⑤	④	③	②	①
20. Solve problems well.	①	②	③	④	⑤
21. Do good things.	①	②	③	④	⑤

B. How would you FEEL ABOUT YOURSELF if or when you ...	Very Bad	Moderately Bad	A little Bad	A little Good	Moderately Good	Very Good
1. Feel good about yourself.	①	②	③	④	⑤	⑥
2. Eat fresh fruits and vegetables.	①	②	③	④	⑤	⑥
3. Drink alcohol (even a sip).	⑥	⑤	④	③	②	①
4. Make good choices.	①	②	③	④	⑤	⑥
5. Hit others or get into physical fights.	⑥	⑤	④	③	②	①
6. Manage your time wisely (not waste it).	①	②	③	④	⑤	⑥
7. Use or try illegal drugs.	⑥	⑤	④	③	②	①
8. Care about how others feel.	①	②	③	④	⑤	⑥
9. Admit to your mistakes.	①	②	③	④	⑤	⑥
10. Get drunk or high.	⑥	⑤	④	③	②	①
11. Set goals for your self.	①	②	③	④	⑤	⑥
12. Control your feelings.	①	②	③	④	⑤	⑥
13. Do physical activities.	①	②	③	④	⑤	⑥
14. Take/steal other people's property.	⑥	⑤	④	③	②	①
15. Make bad decisions.	⑥	⑤	④	③	②	①
16. Smoke cigarettes (even a puff).	⑥	⑤	④	③	②	①
17. Bully others.	⑥	⑤	④	③	②	①
18. Treat others the way you like to be treated.	①	②	③	④	⑤	⑥
19. Blame others for your mistakes.	⑥	⑤	④	③	②	①
20. Solve problems well.	①	②	③	④	⑤	⑥
21. Do good things.	①	②	③	④	⑤	⑥

C. How much do you like ...	Dislike				Like	
	A Lot	Some	A little	A little	Some	A lot
1. Yourself?	①	②	③	④	⑤	⑥
2. Other students your age?	①	②	③	④	⑤	⑥
3. Younger students?	⑥	⑤	④	③	②	①
4. Older students?	①	②	③	④	⑤	⑥
5. Teachers?	⑥	⑤	④	③	②	①
6. Other adults?	①	②	③	④	⑤	⑥
7. School?	⑥	⑤	④	③	②	①
8. Answering this survey?	①	②	③	④	⑤	⑥

D. How much of the time are each of the following TRUE OF YOU ...	None of the time	Some of the time	Most of the time	All of the time
1. I feel like I belong in this school.	①	②	③	④
2. I care about my school.	①	②	③	④
3. I wish I were in a different school.	④	③	②	①
4. I'm proud I go to this school.	①	②	③	④
5. I like my teachers.	①	②	③	④
6. My teachers are nice to me.	①	②	③	④
7. I get along well with my teachers.	①	②	③	④
8. Most of my teachers treat me fairly.	①	②	③	④
9. I wish I had different teachers.	④	③	②	①
10. I like all of my friends.	①	②	③	④
11. I get along with all of my friends.	①	②	③	④
12. Most of my friends treat me fairly.	①	②	③	④

D. How much of the time are each of the following TRUE OF YOU ...

	None of the time	Some of the time	Most of the time	All of the time
13. My friends are nice to me.	①	②	③	④
14. I wish I had different friends.	④	③	②	①
15. I like my parents a lot.	①	②	③	④
16. I get along with my parents.	①	②	③	④
17. My parents treat me fairly.	①	②	③	④
18. My parents are nice to me.	①	②	③	④

E. Did you have classes in any of the following during the past school year.... ?

	NO	Not sure	Yes, one	Yes, some	Yes, many
1. Feeling good about yourself.	①	②	③	④	⑤
2. Eating fresh fruits and vegetables.	①	②	③	④	⑤
3. Drinking alcohol.	⑤	④	③	②	①
4. Making good choices.	①	②	③	④	⑤
5. Hitting others or getting into physical fights. ...	⑤	④	③	②	①
6. Managing your time wisely (not wasting it).	①	②	③	④	⑤
7. Using or trying illegal drugs.	⑤	④	③	②	①
8. Caring about how others feel.	①	②	③	④	⑤
9. Admitting to your mistakes.	①	②	③	④	⑤
10. Getting drunk or high.	⑤	④	③	②	①
11. Setting goals for your self.	①	②	③	④	⑤
12. Regarding the above, topics, on how many days MOST WEEKS during the last school year were you taught about any of these topics?	①	②	③	④	⑤

F. Now we just have a few questions about you.

Please fill in the circle for the answer that best describes you.

1. Are you male or female?

① Male

② Female

2. What grade are you in?

①

②

③

④

⑤

7th

8th

9th

10th

11th

12th

3. What grades do you usually get in school?

Mostly A's ⑨

Mix of B's and C's ⑥

Mostly D's ③

Mix of A's and B's ⑧

Mostly C's ⑤

Mix of D's and F's ②

Mostly B's ⑦

Mix of C's and D's ④

Mostly F's ①

The next two questions are the standard US Census approach to asking about your ethnicity/race.

4. Are you Hispanic or Latino?

NO ①

YES ②

5. What race are you?

WHITE ① OTHER PACIFIC ISLANDER: _____ ⑤

BLACK/AFRICAN-AMERICAN ② JAPANESE ⑥

Full or Part- NATIVE AMERICAN ③ OTHER ASIAN: _____ ⑦

Full or Part-HAWAIIAN ④ OTHER: Please write in: _____ ⑧

6. Finally, please tell us how much of the time TODAY ...

ALL
of the time

MOST
of the time

SOME
of the time

NONE
of the time

1. Did you like doing this survey?

①

②

③

④

2. Were you comfortable answering the questions?

①

②

③

④

3. did you tell the truth answering all these questions?

①

②

③

④

Thank you very much for your help.