

# POSITIVE ACTION<sup>®</sup>

## SECONDARY STUDENT SURVEY

This survey can be administered to whole classrooms. For grades 6 or 7 it might help to read it aloud. It will take 40-50 minutes for most classes, less for higher grades. Many special education students can complete this survey, though they may need some help or more time.

Someone other than the regular teacher should administer the survey. This is to ensure that students feel confident that their answers are confidential – that not even their teacher(s) will see them.

The proctor should move around the classroom and make sure that every student appears to understand the instructions and the wording of each item, and is filling in their answers correctly (that is completely filling in the bubbles without making extraneous marks elsewhere on the survey).

Note that it is the responsibility of the School or School District to ensure that all regulations regarding obtaining informed consent of parents for student participation in surveys are followed. Generally, these require informing parents of the survey and its content, and allowing them at least two weeks to deny or give permission for their child's participation. Whether or not signed permission is required depends on the content of the survey, State or local law, and School District or School policies. **The student assent form must be distributed, read and signed before students complete this survey.**

Upon completion, surveys should be collected and placed into a sealed envelope (separate from the signed assent forms) and taken away by the survey administrator(s).


**This is NOT a test. There are no right or wrong answers. We are interested in your opinions and feelings.**

**Please answer each question as honestly as you can.**

**Please use a black or dark blue ballpoint pen to carefully and completely fill in the circle for the answer that is best for you.**

Completely and neatly darken the ovals.

Like this: ● Not like this ●

If you make a mistake, to change your answer, cross out the wrong choice like this:  and then darken the correct one.

### **Positive Action, Inc.**

264 4<sup>th</sup> Avenue South

Twin Falls, ID 83301

Phone (U.S. and Canada): 800-345-2974

Phone (all other): 208 733-1328

Fax: 208 733-1590

E-mail: [info@positiveaction.net](mailto:info@positiveaction.net)

Web site: <http://www.positiveaction.net>

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**POSITIVE ACTION SECONDARY SURVEY**

**A. Your ID number or code:** \_\_\_\_\_

<b>B. HOW MUCH OF THE <u>TIME</u> DO YOU?</b>	<b>Never</b>	<b>Rarely</b>	<b>Some times</b>	<b>Often</b>	<b>Always</b>
1. Keep yourself clean. ....	①	②	③	④	⑤
2. Make good choices. ....	①	②	③	④	⑤
3. Take care of your belongings. ....	①	②	③	④	⑤
4. Do your homework. ....	①	②	③	④	⑤
5. Control yourself. ....	①	②	③	④	⑤
6. Be a good friend to others. ....	①	②	③	④	⑤
7. Blame others for your mistakes. ....	①	②	③	④	⑤
8. Make yourself a better person. ....	①	②	③	④	⑤
9. Feel good when you do good things. ....	①	②	③	④	⑤
10. Be tolerant of differences in others. ....	①	②	③	④	⑤
11. Choose to eat fresh fruits and vegetables. ....	①	②	③	④	⑤
12. Work hard in school. ....	①	②	③	④	⑤
13. Like to be with your friends. ....	①	②	③	④	⑤
14. Make good decisions. ....	①	②	③	④	⑤
15. Do your chores. ....	①	②	③	④	⑤
16. Appreciate your teachers. ....	①	②	③	④	⑤
17. Do your own work. ....	①	②	③	④	⑤
18. Like to do what your parents want you to do. ....	①	②	③	④	⑤
19. Control your feelings. ....	①	②	③	④	⑤
20. Keep trying something until you succeed. ....	①	②	③	④	⑤
21. Tell yourself the truth. ....	①	②	③	④	⑤

**HOW MUCH OF THE TIME DO YOU?**

	<b>Never</b>	<b>Rarely</b>	<b>Some times</b>	<b>Often</b>	<b>Always</b>
22. Set goals for yourself. ....	①	②	③	④	⑤
23. Do physical activities. ....	①	②	③	④	⑤
24. Feel bad when you do bad things. ....	①	②	③	④	⑤
25. Help others when they need it. ....	①	②	③	④	⑤
26. Like to do what your friends want you to do. ....	①	②	③	④	⑤
27. Be kind to others. ....	①	②	③	④	⑤
28. Brush your teeth at least twice a day. ....	①	②	③	④	⑤
29. Keep promises you make to others. ....	①	②	③	④	⑤
30. Manage your anger. ....	①	②	③	④	⑤
31. Like to be with your parents. ....	①	②	③	④	⑤
32. Say things to make others' feel good about themselves. ....	①	②	③	④	⑤
33. Take responsibility for yourself. ....	①	②	③	④	⑤
34. Return something that you borrowed. ....	①	②	③	④	⑤
35. Manage your time wisely. ....	①	②	③	④	⑤
36. Get along with others. ....	①	②	③	④	⑤
37. Manage your energy wisely. ....	①	②	③	④	⑤
38. Like to do well in school. ....	①	②	③	④	⑤
39. Do what others want you to do, even if you don't want to. ....	①	②	③	④	⑤
40. Try new things. ....	①	②	③	④	⑤
41. Be creative. ....	①	②	③	④	⑤
42. Develop your talents (things you are good at). ....	①	②	③	④	⑤
43. Think about how others feel. ....	①	②	③	④	⑤
44. Turn problems into opportunities. ....	①	②	③	④	⑤
45. Brag about yourself. ....	①	②	③	④	⑤

**HOW MUCH OF THE TIME DO YOU?**

	<b>Never</b>	<b>Rarely</b>	<b>Some times</b>	<b>Often</b>	<b>Always</b>
46. Respect others. ....	①	②	③	④	⑤
47. Eat junk food. ....	①	②	③	④	⑤
48. Know your strengths and weaknesses. ....	①	②	③	④	⑤
49. Feel good about who you are. ....	①	②	③	④	⑤
50. Make bad decisions. ....	①	②	③	④	⑤
51. Try to be your best. ....	①	②	③	④	⑤
52. Treat others the way you like to be treated. ....	①	②	③	④	⑤
53. Solve problems well. ....	①	②	③	④	⑤
54. Admit your mistakes. ....	①	②	③	④	⑤
55. Manage your money wisely. ....	①	②	③	④	⑤
56. Feel successful. ....	①	②	③	④	⑤
57. Like to be with your teachers. ....	①	②	③	④	⑤
58. Learn new things. ....	①	②	③	④	⑤
59. Tell others the truth. ....	①	②	③	④	⑤
60. Feel unhappy. ....	①	②	③	④	⑤
61. Feel optimistic. ....	①	②	③	④	⑤
62. Feel good about who you are and what you are doing. ..	①	②	③	④	⑤

**The next set of questions asks about the same behaviors, but this time we are interested in how you feel about yourself when or if you do them.**

**D. HOW WOULD YOU FEEL ABOUT YOURSELF IF OR WHEN YOU ...?**

	<b>Very Bad</b>	<b>Moderately Bad</b>	<b>A little Bad</b>	<b>A little Good</b>	<b>Moderately Good</b>	<b>Very Good</b>
1. Keep yourself clean. ....	①	②	③	④	⑤	⑥
2. Make good choices. ....	①	②	③	④	⑤	⑥
3. Take care of your belongings. ....	①	②	③	④	⑤	⑥

<b>HOW WOULD YOU FEEL ABOUT YOURSELF IF OR WHEN YOU ...?</b>		<b>Very Bad</b>	<b>Moderately Bad</b>	<b>A little Bad</b>	<b>A little Good</b>	<b>Moderately Good</b>	<b>Very Good</b>
4.	Do your homework. ....	①	②	③	④	⑤	⑥
5.	Control yourself. ....	①	②	③	④	⑤	⑥
6.	Be a good friend to others. ....	①	②	③	④	⑤	⑥
7.	Blame others for your mistakes. ....	①	②	③	④	⑤	⑥
8.	Make yourself a better person. ....	①	②	③	④	⑤	⑥
9.	Do good things. ....	①	②	③	④	⑤	⑥
10.	Be tolerant of differences in others. ....	①	②	③	④	⑤	⑥
11.	Choose to eat fresh fruits and vegetables. ....	①	②	③	④	⑤	⑥
12.	Work hard in school. ....	①	②	③	④	⑤	⑥
13.	Like to be with your friends. ....	①	②	③	④	⑤	⑥
14.	Make good decisions. ....	①	②	③	④	⑤	⑥
15.	Do your chores. ....	①	②	③	④	⑤	⑥
16.	Appreciate your teachers. ....	①	②	③	④	⑤	⑥
17.	Do your own work. ....	①	②	③	④	⑤	⑥
18.	Like to do what your parents want you to do. ....	①	②	③	④	⑤	⑥
19.	Control your feelings. ....	①	②	③	④	⑤	⑥
20.	Keep trying something until you succeed. ....	①	②	③	④	⑤	⑥
21.	Tell yourself the truth. ....	①	②	③	④	⑤	⑥
22.	Set goals for yourself. ....	①	②	③	④	⑤	⑥
23.	Do physical activities. ....	①	②	③	④	⑤	⑥
24.	Do bad things. ....	①	②	③	④	⑤	⑥
25.	Help others when they need it. ....	①	②	③	④	⑤	⑥
26.	Like to do what your friends want you to do. ....	①	②	③	④	⑤	⑥

<b>HOW WOULD YOU FEEL ABOUT YOURSELF IF OR WHEN YOU ...?</b>	<b>Very Bad</b>	<b>Moderately Bad</b>	<b>A little Bad</b>	<b>A little Good</b>	<b>Moderately Good</b>	<b>Very Good</b>
27. Be kind to others. ....	①	②	③	④	⑤	⑥
28. Brush your teeth at least twice a day.	①	②	③	④	⑤	⑥
29. Keep promises you make to others. ....	①	②	③	④	⑤	⑥
30. Manage your anger. ....	①	②	③	④	⑤	⑥
31. Like to be with your parents. ....	①	②	③	④	⑤	⑥
32. Say things to hurt others' feelings. ....	①	②	③	④	⑤	⑥
33. Take responsibility for yourself. ....	①	②	③	④	⑤	⑥
34. Return something that you borrowed.	①	②	③	④	⑤	⑥
35. Manage your time wisely. ....	①	②	③	④	⑤	⑥
36. Get along with others. ....	①	②	③	④	⑤	⑥
37. Manage your energy wisely. ....	①	②	③	④	⑤	⑥
38. Do well in school. ....	①	②	③	④	⑤	⑥
39. Do what others want you to do, even if you don't want to. ....	①	②	③	④	⑤	⑥
40. Try new things. ....	①	②	③	④	⑤	⑥
41. Be creative. ....	①	②	③	④	⑤	⑥
42. Develop your talents (things you are good at). ....	①	②	③	④	⑤	⑥
43. Think about how others feel. ....	①	②	③	④	⑤	⑥
44. Turn problems into opportunities. ....	①	②	③	④	⑤	⑥
45. Brag about yourself. ....	①	②	③	④	⑤	⑥
46. Respect others. ....	①	②	③	④	⑤	⑥
47. Eat junk food. ....	①	②	③	④	⑤	⑥
48. Know your strengths and weaknesses. ....	①	②	③	④	⑤	⑥
49. Feel good about who you are. ....	①	②	③	④	⑤	⑥

<b>HOW WOULD YOU FEEL ABOUT YOURSELF IF OR WHEN YOU ...?</b>	<b>Very Bad</b>	<b>Moderately Bad</b>	<b>A little Bad</b>	<b>A little Good</b>	<b>Moderately Good</b>	<b>Very Good</b>
50. Make bad decisions. ....	①	②	③	④	⑤	⑥
51. Try to be your best. ....	①	②	③	④	⑤	⑥
52. Treat others the way you like to be treated. ....	①	②	③	④	⑤	⑥
53. Solve problems well. ....	①	②	③	④	⑤	⑥
54. Admit your mistakes. ....	①	②	③	④	⑤	⑥
55. Manage your money wisely. ....	①	②	③	④	⑤	⑥
56. Are successful in life. ....	①	②	③	④	⑤	⑥
57. Like to be with your teachers. ....	①	②	③	④	⑤	⑥
58. Learn new things. ....	①	②	③	④	⑤	⑥
59. Tell others the truth. ....	①	②	③	④	⑤	⑥
60. Are unhappy. ....	①	②	③	④	⑤	⑥
61. Are optimistic. ....	①	②	③	④	⑤	⑥
62. Feel good about who you are and what you are doing. ....	①	②	③	④	⑤	⑥

**E. HOW MUCH DO YOU LIKE?**

	<b>DISLIKE</b>			<b>LIKE</b>		
	<b>A Lot</b>	<b>Some</b>	<b>A Little</b>	<b>A Little</b>	<b>Some</b>	<b>A Lot</b>
1. Yourself. ....	①	②	③	④	⑤	⑥
2. Other students your age. ....	①	②	③	④	⑤	⑥
3. Younger students. ....	①	②	③	④	⑤	⑥
4. Older students. ....	①	②	③	④	⑤	⑥
5. Teachers. ....	①	②	③	④	⑤	⑥
6. Other adults. ....	①	②	③	④	⑤	⑥
7. School. ....	①	②	③	④	⑤	⑥

**F. NOW WE JUST HAVE A FEW QUESTIONS ABOUT YOU.**

**PLEASE FILL IN THE CIRCLE FOR THE ANSWER THAT BEST DESCRIBES YOU.**

**1. Are you male or female?**

① Male

② Female

**2. What grades do you usually get in school?**

Mostly A's ⑨

Mix of B's and C's ⑥

Mostly D's ③

Mix of A's and B's ⑧

Mostly C's ⑤

Mix of D's and F's ②

Mostly B's ⑦

Mix of C's and D's ④

Mostly F's ①

**3. Are you Hispanic or Latino?**

NO ①

YES ②

**4. What race are you?**

WHITE ① OTHER PACIFIC ISLANDER: \_\_\_\_\_ ⑤

BLACK/AFRICAN-AMERICAN ② JAPANESE ⑥

Full or Part- NATIVE AMERICAN ③ OTHER ASIAN: \_\_\_\_\_ ⑦

Full or Part-HAWAIIAN ④ OTHER: Please write in: \_\_\_\_\_ ⑧

**5. How much did you like answering these questions?**

①

②

③

④

Disliked  
a lot

Disliked  
a little

Liked  
a little

Liked  
a lot

**THANK YOU VERY MUCH for answering all these questions.**

**If you would like to tell us anything else about yourself or your school,  
please write it below.**

**Please hand in your survey to your proctor.**