Skills for Success Survey—Youth

Directions: Below is a list of items that describe children and youth. For each item that describes **you**, please circle **2** if the item is **very true** or **often true** of you, **1** if the item is **somewhat** or **sometimes true** of you, or **0** if the item is **not true** of you.

0 = Not True 1 = Somew	hat o	or S	Somet	imes True 2 = Very True or Often True			
1. I see the good in other people	0	1	2	27. I show empathy (understanding people's feelings)	0	1	2
2. I exercise or am active in healthy ways	0	1	2	28. I turn problems into opportunities to learn	0	1	2
3. I manage what I do	0	1	2	and grow	U	ı	2
4. I show appreciation for other people	0	1	2	29. I refuse to make choices that would abuse my body (food, substances, etc.)	0	1	2
I have learned that there is a positive way to do everything	0	1	2	30. I treat others the way I want to be treated	0	1	2
6. I make good decisions	0	1	2	31. I show fairness to other people	0	1	2
7. I manage my feelings (love, anger, worry,	0	1	2	32. I avoid illnesses	0	1	2
jealousy, pride, fear, loneliness, discouragement, thankfulness)				33. I have learned to feel good about myself by doing positive actions	0	1	2
8. I get enough sleep and rest	0	1	2	34. I manage how I think	0	1	2
I don't blame others for my mistakes	0	1	2	35. I am able to solve problems well	0	1	2
10. I stay neat and clean in my appearance	0	1	2	36. I have good thinking skills	0	1	2
11. I am motivated to learn new things	0	1	2	37. I tell others the truth	0	1	2
12. I avoid bullying	0	1	2	38. I take care of my possessions	0	1	2
13. I set goals for my learning	0	1	2				
14. I manage my time well	0	1	2	39. I believe in my potential (ability to do things)	0	1	2
15. I set goals for my physical development	0	1	2	I avoid harmful substances such as drugs or alcohol	0	1	2
I am in touch with reality (how things really are)	0	1	2	41. I understand the relationship between positive thoughts, actions, and feelings	0	1	2
17. I eat healthy food	0	1	2	42. I am honest with myself	0	1	2
18. I expand my views beyond what I see or know	0	1	2	43. I manage my energy well	0	1	2
19. I don't make excuses for myself	0	1	2	44. I cooperate with other people	0	1	2
20. I say nice things to other people	0	1	2	45. I continue to try even when things are hard	0	1	2
21. I have the courage to try things	0	1	2	46. I have good study habits	0	1	2
22. I make good choices	0	1	2	47. I refuse to give reasons for my behavior that sound good but aren't really true	0	1	2
23. I manage my talents and abilities	0	1	2	48. I take good care of my teeth	0	1	2
24. I show respect for other people	0	1	2	49. I show kindness to others	0	1	2
25. I know my strengths and weaknesses	0	1	2	50. I set social and emotional goals for myself	0	1	2
26. I manage my money well	0	1	2				