



Positive Behavior Plan

Think + Act + Feel

Name of Class/Student

Date

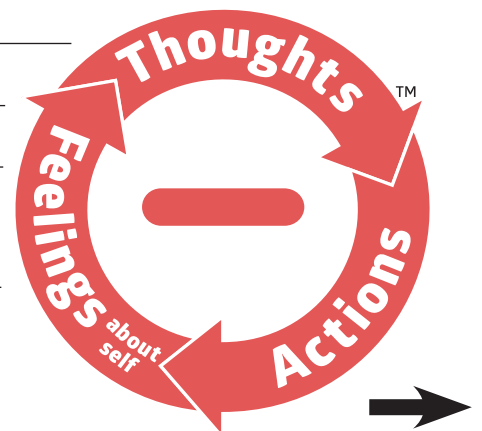
What negative behavior did we/I do? _____

Our/My behavior process was:

Our/My negative thought was: _____

Our/My negative action was: _____

Our/My negative feeling about us/me was: _____





Next time, we/I will choose to be positive!

Our/My **positive** thought will be: _____

Our/My **positive** action will be: _____

Our/My **positive** feeling about us/me will be: _____

I feel good about myself when I _____
(name specific positive action)

Positive Action Philosophy: I feel good about myself when I do positive actions and there is a positive way to do everything.